

## **HISTORY OF THE TRAUMA TREATMENT PROGRAM**

1. Program started in May 1998 and as we began to admit people into the program I started to notice, during the Suitability Interviews that I conducted, that many of both the men and the women reported having histories of sexual, physical and emotional abuse, and in combinations thereof.
2. By the time 2001 arrived I had heard about some trauma treatment that was being done by Lifestance Trauma Solutions and I also had some DOJ grant funds remaining, about \$28,000.
3. I contacted Susan Brown from Lifestance to gather more information about the trauma treatment and then called our grant manager in WA D.C. I asked him if I could submit a proposal to use those remaining funds for a very small pilot program to address trauma issues with some of our program participants and he was willing to allow me to do this.
4. I spoke to Susan Brown again and talked to her about how I wanted to provide trauma treatment services to some of our participants and explained that I only had a small amount of money with which to do this initially. I asked her if she and Sara would be interested in assisting with a small pilot program for this purpose and after discussing it with Sara, they were eager to do so.
5. In a very short period of time, Susan and Sara Gilman flew up here from San Diego, we put together the program, talked to the participants about it, had some volunteer to participate in the treatment services, and Susan and Sara contacted some local EMDR certified therapists who also expressed an interest in the pilot program.
6. We started out with 9 participants and ended up with 5. We conducted pre and post assessment tests, and through Lifestance, we contracted with the local therapists for them to provide the EMDR treatment services at so many sessions per person.
7. The post assessment results were so dramatically improved from the initial assessments, and also from the 3 month follow-up assessments, that we decided to submit our results to the NADCP in hopes of being selected to present our small single case design study and outcomes at the national conference in 2003.
8. We got our response back from the NADCP and were selected to present at that conference.
9. After returning from the conference and being so excited about the great work that we had done with only a few of our program participants, now I wanted to provide those same services to everyone in our program who could benefit.

10. So, I submitted a DOJ, BJA Drug Court Enhancement Grant for 2 purposes: to provide trauma treatment services to all participants who could benefit and to hire an independent outside program evaluator to conduct a Process and Impact Program evaluation and then an evaluation of the program enhancement, which would be the trauma treatment component.
11. The DOJ awarded us with the grant, I sent out a Request For Proposals to several program evaluators all over the country and also contacted Lifeforce to inform them about the grant award.
12. After, reviewing the proposals that were submitted in response to the RFP's, we selected Glacier Consulting, Inc., Dr. Robert Kirchner to conduct our program evaluations and also entered into a contract with Lifeforce Trauma Solutions to provide us with the trauma treatment services.
13. The grant award was originally for only 2 years but I asked for a no-cost one year grant extension, so the grant technically ended on August 31, 2006.